

DOCTOR RECOMMENDED
diurex[®] WATER PILLS
with CALCIUM
 THE BLOAT MEDICINE[®]

42 PILLS
 Caffeine Free 

The active ingredients in DIUREX[®] water pills with calcium have been reported to be **SAFE AND EFFECTIVE** by a U.S. Government Medical Expert Advisory Panel, when taken as directed.

Drug Facts	
Active ingredients (in each pill)	Purpose
Magnesium Salicylate, 162.5 mg.....	Analgesic (pain reliever)
(Present as 202 mg of the Tetrahydrate)	
Pamabrom, 25 mg.....	Diuretic
Uses Temporarily relieves ■ temporary water weight gain ■ bloat ■ swelling ■ full feeling ■ minor aches and pains associated with the premenstrual and menstrual periods.	
Warnings	
Reye's Syndrome: Children and teenagers should not use this product for chicken pox or flu symptoms before a doctor is consulted about Reye's Syndrome, a rare but serious illness reported to be associated with aspirin.	
Alcohol warning: If you consume 3 or more alcoholic drinks everyday, ask your doctor whether you should take Magnesium Salicylate or other pain relievers / fever reducers. Magnesium Salicylate may cause stomach bleeding.	
Do not use if you are allergic to salicylates (including aspirin).	
Ask a doctor before use if you ■ are taking a prescription drug for anticoagulation (thinning of the blood), diabetes, gout or arthritis ■ have impaired kidney function ■ have stomach problems (such as heartburn, upset stomach, or stomach pain) that persist or recur ■ have ulcers or bleeding problems ■ are under 18 years of age.	
Ask a doctor or pharmacist before use if you are taking any other medications.	
Stop use and ask a doctor if ■ ringing in the ears or hearing loss occurs ■ symptoms last for more than ten consecutive days.	
If pregnant or breast-feeding, ask a health professional before use.	
Keep out of reach of children. In case of overdose, get medical help or contact a poison control center right away.	
Directions	
■ Read all package directions and warnings before use and use only as directed. ■ Adults: Two (2) pills every 4 to 6 hours, not to exceed eight (8) tablets per day. ■ Start taking 5 or 6 days before onset of period and continue until desired relief is obtained or end of period. ■ Drink 6 to 8 glasses of water daily. ■ For use by normally healthy adults only. ■ Note: The appearance of golden tinted urine, which may occur after taking DIUREX Pills, is a normal and temporary effect.	
Other information Magnesium content: 10 mg/pill, Calcium content: 25 mg/pill. **Contents sealed: Each DIUREX dark red colored, round shaped pill bears the identifying mark "ALVA" plus a "2" on the pill's reverse side and is sealed in a clear plastic blister with a foil backing. Do not use if seal appears broken or if product contents do not match product description.	
Inactive ingredients Calcium carbonate, calcium sulfate dihydrate, corn starch, croscarmellose sodium, FD&C Blue #2 lake, FD&C Red #40 lake, FD&C Yellow #6 lake, hypromellose, magnesium stearate, microcrystalline cellulose, mineral oil, polyethylene glycol, riboflavin, sodium lauryl sulfate, stearic acid, titanium dioxide.	